

Continuing Education Classes

FOR THE PRACTICING
MASSAGE THERAPIST

FALL - WINTER
2007-2008

Increase your knowledge

Increase your client base

Get support for difficult clients

Network

Obtain help with Body Mechanics

Refine palpation skills

Play with energy

Taught by

Ellen Halpern

LMT, NCTMB, IASI, BFA

Category A provider for National Certification Board for
Therapeutic Massage and Bodywork

Deep Tissue Classes (Cat A)

Low Back Pelvis Shoulder Girdle
Arms/Legs Neck/Face Assessment

Super Vision (Cat B)

Supervision classes for the
practicing massage therapist

Deep Tissue Classes

Category A

Class 1 : Low Back

October 14, 2007 Sunday
9:00 am to 5:00 pm 7 CEUs (\$150.00)

Focuses on techniques for working deeply with the low back. Improve your palpation skills. Work with side lying techniques– specific back treatments.

Class 2 : Pelvis

November 18, 2007 Sunday
9:00 am to 5:00 pm 7 CEUs (\$150.00)

Focuses on techniques working deeply and specifically with the pelvis. Learn how structure affects soft tissue and vice a versa.

Class 3 : Shoulder

December 16, 2007 Sunday
9:00 am to 5:00 pm 7 CEUs (\$150.00)

Focuses on techniques for working and assessing the shoulder girdle. Treatments are specific to thoracic outlet syndrome, tendonitis medial and lateral, and frozen shoulder.

Class 4 : Neck and Face

January 20, 2008 Sunday
9:00 am to 5:00 pm 7 CEUs (\$150.00)

Focuses on techniques for deeply and specifically working with the neck. Most massage therapist find the neck a challenge for deep work. Most clients need it! Improve your skills and knowledge of the neck.

Class 5 : Arms and Legs

February 10, 2008 Sunday
9:00 am to 5:00 pm 7 CEUs (\$150.00)

Focuses on deep tissue techniques for arms and legs. This is where you really feel the tissue and improve your palpation skills. Get the work you need as a massage therapist!

Class 6 : Assessment and Treatment Planning

March 9, 2008 Sunday
9:00 am to 5:00 pm 7 CEUs (\$150.00)

Put together all you have learned. Bring in a client and present them to the class. Watch how they change during and after treatment. This is a very important and fun class!!

Class size is limited and classes fill up fast. Attendance is required for ALL classes in the series unless there is an emergency. Snow days will be rescheduled. To register fill out form on back page and send it in with \$150.00 deposit to secure your spot.

Please bring 2 sheets, 2 pillow cases and lotion to each class.

Super Vision Classes

(supervision)

Category B

This class will utilize Ellen's 17 years of knowledge and experience. The design of the class will be determined by the attending therapists' needs. Bring in questions about difficult clients, problem areas, pathologies and body mechanic issues. We will play with energy and touch, and deepen your understanding of what is really happening when you work.

How do you effect change? We will work to deepen your vision by both looking at the body structurally and feeling the body's tissues. We will learn from one another.

Get support for your work from others in the field

Expand your knowledge

Have fun — avoid burnout

Network

Learn from each other's situations

Class size is limited and classes fill up fast.

Class will meet once a month from January-June, and each meeting will last 4 hours.

Dates to be announced.

Price is \$60.00 per class

REGISTRATION PAGE

Ellen Halpern

LMT, NCTMB, IASI, BFA

A 1990 graduate from the Massage Institute of New England, Ellen has deep experience as both a teacher and bodywork practitioner. She has been on staff at MINE for many years teaching Deep Tissue Classes, Core Classes , Art of Touch, Emotional Anatomy, and many other classes. She wrote the hands-on curriculum when she was the Education Director at MINE.

She is Certified in Kinesis Myofascial Integration, Zero Balancing, and Gestalt Therapy. She has done extensive studies in Craniosacral work and cadaver dissections. Ellen's practice at Myotech Combined Therapies has been extremely busy since she began. She has been booked solid and takes few new clients. Her clientele varies from the elite athlete to children. She loves teaching and imparting her years of experience to the eager learner.

Name _____

Address _____

Phone _____

email _____

Class (Please circle one or both): Deep Tissue (6 classes) Super Vision (6 classes)

Payment enclosed: Check for _____
(Please make check payable to Ellen Halpern)

Myotech Combined Therapies

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781-461-0390 To contact Ellen, dial extension 2

Directions to Myotech can be viewed online at www.myotechtherapies.com.